



Shirley Neighbourhood Care Scheme  
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[www.shirleyneighbourhoodcare.co.uk](http://www.shirleyneighbourhoodcare.co.uk)  
Registered charity No 1137581



**020 8662 9599**

## SUMMER 2019 NEWSLETTER

SNC is part-funded by  
**Churches Together in Shirley and Croydon Council.**  
Shirley Neighbourhood Care is a local charity helping older residents to live independently and combat loneliness through a range of services

**Our June outing for lunch at the Wishing Tree with 24 clients and volunteers**



Over the last few months SNC clients have enjoyed lunch at the Wishing Tree and the Eden Park Toby Carvery, afternoon tea at the Coombe Gardens Café, a sunny visit to Polhill and we've watched two films in our brand new cinema experience.

### **Future Outings and Events:**

More outings are on the way and **the booking line will be open from 10am on Monday 1 July when you can ring 0208 662 9599 to reserve your place. Booking for all events is essential.**

**MOVIE MATINÉES** Enjoy seeing top rated movies in the comfort of our easy chairs in the lounge at Shirley Methodist Church. The price of £5 will include refreshments. We aren't allowed to publicise which film is

scheduled but call the SNC office to find out the title. Let the SNC office know if you need transport to the Church—a return fare will cost £5. Remember we are near a bus stop for those who can travel independently. **Movie matinees will be held on Tuesday 30 July, Monday 2 September and Tuesday 24 September**

**Friday 12 July — Coach House Café at Coombe Gardens** An opportunity to enjoy tea and cake in the café and take a walk around the gardens, mobility and weather permitting. You'll need money to pay for refreshments. Return transport will be arranged for £5 per person. Please be aware there is a short walk over cobblestones from the car to the café.

**Wednesday 24 July 12.30pm—  
lunch at the Toby Carvery at Eden  
Park.**

A main course from the carvery costs £7.49 per head. Return transport, if required, will be £5. The pub is close to the 194 bus stop if you prefer to make your own travel arrangements.

**Friday 2 August - Woodcote  
Garden Centre**

about 20 minutes drive away. An opportunity for shopping and tea and cake in the restaurant. You will be picked up from home between 12.30pm and 1.30pm. The fare for the journey will be £10 and you will need money for shopping and tea. You should be home no later than 5.30pm.

Unfortunately we cannot book more than one wheelchair on outings to garden centres.

**Tuesday 27 August —lunch at the Wishing Tree on Wickham Road.**

The bistro is beautifully decorated in a vintage style and is located by the bus stop on Bluebird Parade on Wickham Road opposite the Baptist Church. The lunch menu includes dishes priced between £7-£9—for example, chicken escalope, baked salmon, salads, omelettes and lasagne. Return travel if required is £5. If numbers are high we will organise two sittings to ease pressure on the kitchen.

**Friday 13 September—St John's Church Flower Festival**

We'll be organising visits to this event during the afternoon to see all the displays, listen to live music and enjoy the harvest market and tearoom. Entry is £3 and return transport £5.

**Wednesday 18 September—a visit to Polhill Garden Centre** about 20

minutes drive away. An opportunity for shopping and tea and cake in the restaurant. You will be picked up from home between 12.30pm and 1.30pm. The fare for the journey will be £10 and you will need money for shopping and tea. You should be home no later than 5.30pm.

Unfortunately we cannot book more than one wheelchair on outings to garden centres.

**SNC Services**

***Lunch club***

The lunch club runs each Thursday at Shirley Methodist Church. A two-course hot meal is served, followed by a hot drink and then an after lunch activity including concerts, readings, information and advice, bingo,

games etc. The cost is £6.50 per person and places need to be booked in advance. If you are interested in joining our lunch club you need to register your interest—please call the office. Places need to be confirmed or cancelled no later than Tuesday midday prior to the Thursday lunch club and cancellations after that time will still be chargeable. We are unable to provide transport to lunch club but suggest contacting Dial-A-Ride, a free service offered by Transport for London, which may be available if you meet the criteria. Telephone 0343 222 7777 to find out if you qualify for the service or check out the website:

[www.tfl.gov.uk/modes/dial-a-ride](http://www.tfl.gov.uk/modes/dial-a-ride)

**If you would like to join our lunch club—please contact the SNC office for further details 0208 662 9599**

## ***Shopping bus***

We provide a weekly shopping bus to different supermarkets on alternate weeks: Sainsbury's at West Wickham (Tuesdays) and Tesco's at Elmer's End (Wednesdays). There are additional afternoon shopping trips to Marks and Spencer in West Wickham on two afternoons out of every four weeks. A mini bus picks you up and returns you home. An escort helps with your bags. If you would like to come shopping and enjoy a coffee and chat afterwards then just phone 0208 662 9599. We charge £7 per person for the return trip. We have a waiting list of clients who would like to join the shopping bus on a regular basis so, please let us know as soon as possible if you book a place and are then unable to make the trip so we can offer the opportunity to another client.

## ***Medical Appointments***

We have a team of volunteer drivers who can take you to, and bring you home from any local medical appointment including GP surgeries, hospitals, podiatrists, opticians etc. It's helpful to provide us with a week's notice to find a driver; however, we will do our best to help with last minute requests. Clients often like to give a small donation for the travel and they ask for advice on what to donate: the recommended amounts are: a local drive, including Shirley Oaks Hospital or Shirley Clinic, £4 for a return journey; Croydon University Hospital, Beckenham Beacon and Purley Hospitals - £6 each way; Princess Royal Hospital - £7 each way; and Orpington Hospital - £8 each way. These donations are given to the driver who passes them on to Shirley Neighbourhood Care.

We are very grateful for the donations as they help us to continue to provide this service.

## **Regular events with other groups in Shirley:**

- Every Friday 2pm: Knit and Natter at Shirley Library
- Every Monday in St George's Church Hall, Elstan Way 10.30am—12 noon POP IN for activities and refreshments
- 1st Tuesday of the month: Croydon Hearing Resource Centre at the Methodist Church Tel 8686 0049
- 1st Thursday of the month 10am: Nutritional advice at Shirley Library
- 1st Thursday of the month at 1.15pm: Lunchtime concert at Shirley Methodist Church
- 2nd Tuesday of the month 2.30pm: Crafts at Shirley Library

- Fortnightly Thursdays: Games at Shirley Library
- Every Monday—Shirley & West Wickham Baptist Church lunch club. Advance booking necessary—Tel 020 8777 5705
- Shared Reading at Shirley Library Mondays 10.30am—12pm.

## **WHAT'S ON AROUND SHIRLEY:**

**Sunday 23 June—Spring Park Bowls Open Day 1-4pm** The bowls club house is in Shirley Church Recreation Ground at the top of Spring Park Road. Come and enjoy tea and cake and meet members of the bowls club. Spring Park Bowls will be raising funds for Shirley Neighbourhood Care.