



Shirley Neighbourhood Care Scheme  
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Registered charity No 1137581  
Office address from 22 July 2023: St George's  
Church Hall, Elstan Way, Shirley, CR0 7PR

**020 8662 9599**

## **SUMMER 2023 NEWSLETTER**

SNC is part-funded by **Churches Together in Shirley**.  
Shirley Neighbourhood Care is a local charity helping older  
residents to live independently and combat loneliness through  
a range of services

**Our office is open weekday mornings from 10am till  
12.30pm. Telephone messages can be left outside of  
these hours and will be dealt with the next day.**

**SNC has big news.** Our office is moving  
from the Baptist Church and, with effect  
from 22 July, we will be based in  
**St George's Church Hall on Elstan Way  
(just off the Glade) CR0 7PR.** Our  
telephone number will stay the same.  
Lunch club will remain at West Wickham  
& Shirley Baptist Church. We don't  
know yet whether the move to  
St George's will be temporary or

permanent as we are also investigating another long term option. We will keep our official postal address as WW&SBC for the time being. Visitors to our St George's office will need to make appointments as we will only be available in the mornings. We'll keep you up to date with developments.

Due to the extra work involved in moving office and the fact that we no longer receive a grant from Croydon Council, we must reduce the services we offer and unfortunately have therefore scaled back some of our activities.

Events are listed below and we recommend reserving your space as soon as possible as capacity is limited.

Bookings are taken on a first come, first served basis.

**Booking lines for outings and movies open on Monday 19 June at 10am.**

## **NEW M&S on Purley Way**

Marks and Spencer's have opened a new branch on Purley Way. It has a big food hall and stocks a good range of clothes

and homeware. There isn't a café, however there is a Starbucks coffee shop a few doors away. An Aldi supermarket is also next door to M&S. We will organise a shopping trip on **Tuesday 4 July**. You will need to be able to shop independently and we cannot accommodate wheelchairs. We will also need to restrict the number of walkers as our minibuses have limited space. You will be picked up from home between 12.30pm and 1.30pm and we will travel to Purley Way to arrive about 2pm. We will spend a maximum of two hours on the site which should give you plenty of time to explore and shop at M&S and Aldi. We will leave at 4pm and everyone should be dropped off home between 4.30pm and 5.30pm. The fare for the trip will be £10—preferably paid by credit or debit card— and you will need spending money or your bank cards for shopping and Starbucks.

## **Polhill Garden Centre:**

We are planning a trip to Polhill on **Tuesday 26 September**. Polhill is about

25 minutes drive away. The trip offers an opportunity for shopping and tea and cake in the restaurant. You will be picked up from home between 12.30pm and 1.30pm. We arrive at Polhill at about 2pm and we shop for just under an hour. We all assemble in the restaurant from 3pm for tea and cake and start the journey home at 4pm. The fare for the journey will be £10 (preferably paid by bank card) and you will need money for shopping and cash for tea. You should be home no later than 5.30pm.

Unfortunately we cannot take wheelchairs on outings to garden centres. Shopping trolleys are available at Polhill which can be used instead of walkers as walker space on the bus is limited.

## **MOVIE MATINEES**

Our film club takes place at Shirley Methodist Church on Eldon Avenue where you can enjoy top-rated movies in the lounge with comfortable chairs and a big screen. The price of £6 includes refreshments. We aren't allowed to publicise which film is scheduled to be

shown, but we can tell you over the phone. Let the SNC office know if you need transport when you book and we will do our best to help—a return fare will cost £5. Remember the Church is near a bus stop for those who can travel independently. A movie matinee will be held on: **Friday 20 October**. Doors open at 2pm and the film starts promptly at 2.30pm. If you have family living locally, let them know that we show films in the evening for the local community.

Evening performances cost £8 and need to be booked in advance. All film club payments should be made by bank card.

Apply by email to:

[sncs@shirleyneighbourhoodcare.co.uk](mailto:sncs@shirleyneighbourhoodcare.co.uk)  
to be added to the movie nights evening film club mailing list.

Film club prices have increased due to rising running costs.

## **SNC Services**

### **Lunch Club**

Our lunch clubs run on Mondays and Thursdays at West Wickham and Shirley

Baptist Church on Wickham Road at the Monks Orchard junction. Lunch is cooked by our resident chef, Tania, who provides a delicious and nutritious two-course hot meal. The price is £9 and payment is preferred by debit or credit card, although we also accept cash or cheques. Places need to be booked in advance and confirmed or cancelled no later than midday two working days prior to lunch club. (Thursday for the following Monday and Tuesday for Thursday). Our lunch clubs are run with the help of a wonderful team of volunteers who give up their time to help serve lunch.

If you require transport to lunch club we recommend registering for a free service offered by Transport for London, Dial A Ride, which may be available if you meet their criteria. Telephone 0343 222 7777 to find out if you qualify for the service or check out their website by googling TfL Dial A Ride. If you would like to join Monday or Thursday lunch club, call the SNC Office on 0208 662 9599

### **SNC Shopping Bus:**

We provide a **fortnightly** shopping bus to two different supermarkets on alternate weeks: Sainsbury's at West Wickham (Tuesday mornings) and Tesco's at Elmers End (Tuesday afternoons). There is no café at Sainsbury's but there is an opportunity for a cuppa and chat in the Tesco café after shopping. A minibus picks you up and returns you home. An escort helps with your bags. Our charge is £7 per person for the return trip. We prefer payment by debit or credit card although cash is accepted. You need to be able to shop independently and are restricted to two bags per person. Please contact the office on 020 8662 9599 if you are interested and let us know your preferred slot.

### **Medical appointment transport:**

We have a team of volunteer drivers who give their time freely to take you to and bring you home from any local medical appointment including GP surgeries, hospitals, podiatrists, dentists, opticians etc. in Croydon or Bromley. It's helpful to

provide us with a week's notice or more to find a driver but we will try to help with short notice appointments. Clients often like to give a small donation for the travel and they ask for advice on what to donate. The recommended amounts are: A local drive within Shirley or West Wickham £4.

Croydon University Hospital, Beckenham Beacon and Purley Hospitals—£6 each way.

Princess Royal Hospital—£7 each way.

Orpington Hospital £8 each way.

These donations should be made in cash and are given to the driver who passes them on to Shirley Neighbourhood Care. We are very grateful as the money helps us to continue to provide this service. If you have a blue badge, remember to bring it with you so that the driver can ensure you can be dropped close to your destination. Please note that all parking charges need to be paid for by the client and disabled parking spaces at hospitals or in private car parks may incur a fee.



## Croydon Community Lottery

There's a new way to support Shirley Neighbourhood Care and have the chance to win £25,000 at the same time. Croydon Community Lottery is a new weekly lottery that raises money for good causes in Croydon. All good causes supported by the lottery will benefit Croydon and its residents. What's more you can support individual local causes – including Shirley Neighbourhood Care. 50 pence of every £1 ticket will come to SNC if you use our link to enter the draw. You can buy your SNC tickets here: <https://www.croydoncommunitylottery.co.uk/support/shirley-neighbourhood-care>

Play the lottery and support Shirley

Neighbourhood Care - it's that simple!

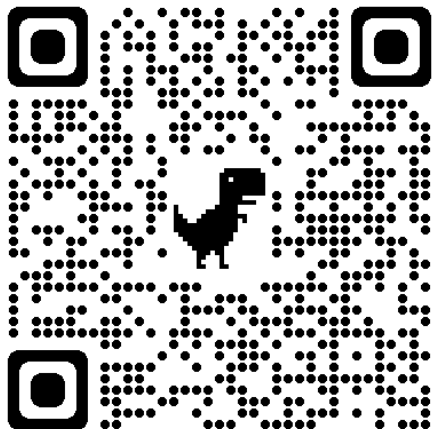
Each ticket has a **1 in 50** chance to win a prize each week, with a top prize of £25,000!

That's a better chance of winning than the National Lottery or the Health Lottery.

Each ticket has six numbers and each number

is between 0 and 9. There will be a draw every Saturday night when a six digit winning combination will be picked. Prizes will be given to players with tickets that match the first or last 2 to 6 numbers from the winning combination. Match all six and you win the jackpot! **Please note that SNC staff and volunteers are not permitted to purchase tickets on behalf of clients. Please ask your family if you need help to purchase a ticket. Tickets can only be purchased online.**

**You can go straight to the SNC Croydon Community Lottery website by scanning this QR code with your smart phone.**



## **OTHER USEFUL SERVICES AROUND SHIRLEY**

**Croydon Hearing Resource** runs a local community clinic on one day in most months at Shirley Methodist Church on Eldon Avenue, CR0 8SD. You need to telephone to make an appointment on 020 8686 0049.

**The Reader** is a national charity that works so everyone can enjoy and experience great literature. The Reader runs a shared reading group at the Shirley Library at 10.15am on Fridays.

**Shirley Library** is now open only Wednesdays and Fridays from 10am till 6pm.

**St George's Church runs a POP IN session at St George's Church Hall**, Elstan Way every Monday morning between 10.30am and 12 noon.



*Photography by Geoff Flook*

## **Coronation celebrations at SNC's lunch club**

SNC's lunch club clients enjoyed a celebration lunch in May to mark Their Majesties King Charles III and Queen Camilla's Coronation. SNC's Chef provided a menu of Roast Beef and all the trimmings and volunteers provided music and raffles.

