

Shirley Neighbourhood Care

Office: St George's Church Hall, Elstan Way, Shirley CR0 7PR

SNC's lunch club takes place at West Wickham & Shirley Baptist Church Wickham Road, Shirley, Croydon CRO 8EH

Tel 020 8662 9599 Email sncs@shirleyneighbourhoodcare.co.uk

Website: www.shirleyneighbourhoodcare.co.uk

Registered charity No 1203179

Follow us on Facebook: www.facebook.com/ShirleyNeighbourhoodCare

SNC is part-funded by Churches Together in Shirley
Shirley Neighbourhood Care is a local charity helping older residents
to live independently through a range of services

Our office is open weekday mornings from 10am till 12.30pm. Telephone messages can be left outside of these hours and will be dealt with the next day.

020 8662 9599

FEBRUARY 2024 NEWSLETTER

Firstly, a healthy New Year to you all!

We are pleased to inform you that Suzy Stoyel continues her road to recovery and has been an unbelievable help to the Trustees, staff and volunteers which has enabled us to continue offering a level of service to our clients. Going forward, Suzy will be volunteering with Shirley Neighbourhood Care in some capacity.

Up until now, we have focused on our core activities of Medical Drives, Lunch Clubs and Shopping Trips, but will review the additional services such as outings and film club once our new Manager is up and running.

On that subject, we are delighted to announce that **Emily Davies** is our new Manager who will take over Suzy's role. Emily

will officially start on the 5 February but some of you may have the chance to meet her before then. Emily has an Induction Plan and we are sure you will all have the opportunity of meeting her soon.

Emily has lived in Shirley for a couple of years and previously managed a small team as Contract & Compliance Manager for Virgin Active UK. Emily has previously volunteered for SNC helping fill Christmas Bags for clients.

We have settled into our new office at St. George the Martyr Church and are grateful to the Church for making us feel welcome and confirming that we will be part of their plans to upgrade the facility going forward. This will be our home for the foreseeable future and will become our official registered address from 1 February 2024.

In February, we will change our charity status to a Charitable Incorporated Organisation (CIO) which will result in a name change from Shirley Neighbourhood Care Scheme to Shirley Neighbourhood Care; the charity number will change to 1203179. All the current assets will be transferred to the new charity which will continue to be regulated by the Charity Commission and subject to Charity Law. The main reason for making the change is that there will be limited liability for the Trustees within the new structure.

Due to the change in charity, we will also need to change our bank accounts. In future our main account will be with CAF (Charities Aid Foundation) Bank: Sort code 40-52-40

Account No. 00036690

Account name: Shirley Neighbourhood Care

If you make donations to Shirley Neighbourhood Care with Gift Aid, we will need to ask you to complete a new Gift Aid Form in due course.

We look forward to 2024 with optimism and thank all of our staff and volunteers for their hard work and support.

SNC SERVICES

Lunch Club:

Our lunch clubs run on Mondays and Thursdays at West Wickham and Shirley Baptist Church on Wickham Road (CRO 8EH) at the Monks Orchard junction. Lunch is cooked by our resident chef, Tania, who provides a delicious and nutritious two-course hot meal. Tania is helped by Donna our catering assistant. Due to cost of living increases, the price is being increased to £10 from 1 March. Payment is preferred by debit or credit card, although we also accept cash or cheques. Places need to be booked in advance and confirmed or cancelled no later than midday two working days prior to lunch club. (Thursday for the following Monday and Tuesday for Thursday). Our lunch clubs are run with the help of a wonderful team of volunteers who give up their time to help serve lunch. Denise is our regular on site staff member hosting

lunch club and welcoming our elders to an enjoyable social occasion.

If you require transport to lunch club, we recommend registering for a free service offered by Transport for London, Dial A Ride, which may be available if you meet their criteria. Telephone 0343 222 7777 to find out if you qualify for the service or check out their website by googling TfL Dial A Ride. If you would like to join Monday or Thursday lunch club, call the SNC Office on 0208 662 9599. Lunch club is very popular and there is currently a waiting list for spaces.

SNC Shopping Bus:

We provide a **fortnightly** shopping bus to two different supermarkets: Sainsbury's at West Wickham (Tuesday mornings) and Tesco's at Elmers End (Tuesday afternoons). There is no café at Sainsbury's but there is an opportunity for a cuppa and chat in the Tesco café after shopping. A minibus picks you up and returns you home. An escort helps with your bags. Our charge is £7 per person for the return trip. We prefer payment by debit or credit card although cash or cheques are accepted. You need to be able to shop independently and are restricted to two bags per person. **Please contact the office on 020 8662 9599 if you are interested and let us know your preferred slot. We have spaces available currently.**

Medical appointment transport:

We have a team of volunteer drivers who give their time to take you to and bring you home from any local medical appointment including GP surgeries, hospitals, podiatrists, dentists, opticians etc. in Croydon or Bromley. It's helpful to provide us with a week's notice or more to find a driver but we will try to help with short notice appointments. Clients often like to give a small donation for the travel and they ask for advice on what to donate. The recommended amounts are:

- A local drive within Shirley or West Wickham £4 for the return journey.
- Croydon University Hospital, Beckenham Beacon and Purley Hospitals—£6 each way.
- Princess Royal Hospital—£7 each way.
- Orpington Hospital £8 each way.

These donations should be made in cash and are given to the driver who passes them on to Shirley Neighbourhood Care. We are very grateful as the money helps us to continue to provide this service. If you have a blue badge, remember to bring it with you so that the driver can ensure you can be dropped close to your destination. Please note that all parking charges need to be paid for by the client and disabled parking spaces at hospitals or in private car parks may incur a fee.

OTHER USEFUL SERVICES AROUND SHIRLEY

<u>Croydon Hearing Resource</u> runs a local community clinic on one day in most months at Shirley Methodist Church on Eldon Avenue, CRO 8SD. The day of the month varies and you need to telephone to make an appointment on 020 8686 0049.

The Reader is a national charity that works so everyone can enjoy and experience great literature. The Reader runs a shared reading group at the Shirley Library at 10.15am on Fridays.

Shirley Library is now open only Wednesdays and Fridays from 10am till 6pm.

St George's Church runs a POP IN session at St George's Church Hall, Elstan Way every Monday morning between 10.30am and 12 noon.